



HAYWARD

— LITTLE LEAGUE —

PLAYER GEAR & EQUIPMENT GUIDELINES:

MINORS (U10) & MAJORS (U12)

Hayward Little League is committed to making sure every child can play. If your family needs assistance with equipment, uniforms, or any gear please reach out to the league. We have equipment, resources, and support available. All requests are handled privately and respectfully. **No player should miss out on baseball because of equipment needs, we are here to help.** The best Little League players are not the ones with the most gear, they are the ones who can throw, catch, and hit well.

Required Player Equipment:

- Baseball glove: a properly sized baseball glove is required for every player.
 - Batting Helmet: a baseball specific helmet is required (the league does have helmets available) face/jaw guards are allowed but not required.
 - Baseball Pants: Gray baseball pants are the preferred uniform, long or knicker style pants are acceptable. *Baseball pants (any style or color) are encouraged during practices for sliding safety but are not required.*
 - Water Bottle: Each player should bring their own labeled water bottle to all games/practices
- **All personal equipment must be labeled with the players name, or initials.****

Recommended but not Required:

- USA Certified Bat: All bats must display the USA Baseball Logo/Certification (see bat policy for more information).
- Cleats: Cleats must be molded rubber or plastic. Metal spikes are not permitted in U10/U12. Players without cleats may wear safe, athletic closed-toe shoes.
- Protective Cup: **REQUIRED FOR CATCHERS**, use of a cup for all other players is up to the discretion of the player
- Socks & Belt: Black socks and belt are encouraged

Catcher Specific Gear:

(The league will provide catcher gear; players are allowed to bring their own)

- Catcher's helmet with throat guard
- Chest protector
- Shin guards
- Catcher's mitt
- Protective cup

What the League Provides:

- Jersey
- Hat
- Balls
- Catcher's Gear
- League helmets
- League bats

Not Permitted:

- Sliding Mitts: while sliding mitts have become popular, Hayward Little League strongly discourages the use of sliding mitts; they are not necessary for player safety at this level.

Dugout Food Rules:

Sunflower seeds and chewing gum are a baseball tradition and are allowed in the dugout if they are used responsibly. Coaches may ask players to not bring these items if players create a mess or they become a distraction. **We ask that no other food is allowed in the dugouts.** All other snacks and meals should be eaten at the picnic tables or concession areas. Water and sports drinks are also allowed in the dugout.

Hayward Little League and its coaches are not responsible for lost, stolen, or damaged personal items. Players are responsible for their own equipment or belongings.

Thank you for being part of Hayward Little League. Your support and cooperation with these guidelines help create a positive experience for every player and team.

